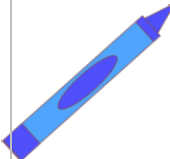
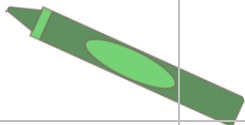




September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		Have your child draw a picture of their school. <i>Set up targets and have your child hop from place to place on the floor.</i>	Have your child find things that begin with the letter "Z." <i>Build an obstacle course with furniture, pillows and blankets for your child to navigate through</i>	Ask your child to tell you what they did at school today and what was their favorite part of the day. <i>Have your child pretend to waddle like a duck or leap like a frog across the room</i>	Encourage your child to draw a picture of their favorite friends to play with at school. <i>Take your child for a ride around the block on their bike or scooter</i>	Buy a set of magnetic numbers and letters for your child. Practice making words together. <i>Practice throwing and catching with your child.</i>	
Create a special place for your child to read. <i>Create a low balance beam and have your child walk across it.</i>	Yellow week. Look for things that are yellow. <i>Allow your child to practice swinging, climbing, and sliding at the playground.</i>	Have your child find things that begin with the letter "A." <i>Take your child for a brisk walk or jog around the neighborhood.</i>	Write a note together for a special older person. <i>Have your child practice jumping rope.</i>	Read a book with your child or visit a local library. <i>Use chalk and create a hopscotch for you and your child to play together.</i>	Together look for words beginning with the same first letter. <i>Turn up the music and dance with your child.</i>	Together practice jumping, hopping on one foot, throwing and catching a ball.	
Play a board game or card game with your child. <i>Have your child practice jumping rope.</i>	Ask your child if he/she knows the name of their school, their teacher's names, and their friends' names. <i>Have your child gallop like a horse to the restroom and the kitchen</i>	Together write your child's full name using upper- and lower-case letters. <i>Sing "Head, Shoulders, Knees and Toes with your child."</i>	Develop a list of books you and your child would like to read over the year. As you read them, mark them off. <i>Build an obstacle course with furniture, pillows and blankets for your child to navigate through</i>	Show your child how to read from left to right, how to turn pages when reading, and how to read a book from front to back. <i>Turn up the music and dance as a family.</i>	Ask your child what they did at school today from arrival to departure to see if they know the classroom routine. <i>Practice throwing and catching with your child</i>	Visit a playground and help your child with climbing activities.	
With your child, look through an old family photo album and talk about what people wore and looked like. <i>Play "Simon Says" with your child.</i>	Have a conversation with your child about friendship. Ask them how they make new friends? How they treat their friends? How they like for their friends to treat them. <i>Go for a family bike ride</i>	Have your child find things that begin with the letter "R." <i>Create a low balance beam and have your child walk across it.</i>	Together look at the pictures in a book before reading it. <i>Set up targets and have your child hop from place to place on the floor.</i>	Have your child count 1-10 or as high as he/she can count. Then ask them if they know how to count in another language. <i>Have your child practice jumping rope.</i>	Help your child cut pictures from a magazine to make a collage. <i>Allow your child to practice swinging, climbing, and sliding at the playground.</i>	Play games where children must follow directions, such as board games, tag, "follow the leader," or an obstacle course.	
Read your child's favorite book to him/her. <i>Play hopscotch with your child today.</i> 	Together find pictures of animals that begin with the same letter. <i>Take your child for a brisk walk or jog around the neighborhood.</i>	Pick a new book and encourage your child to guess what the story is about by looking at the cover. <i>Have your child practice jumping rope.</i>	Talk about how you and your child are feeling today. Talk about feelings like happy, sad, angry, and surprised. Make faces that show these feelings in front of a mirror. <i>Go for a bike or scooter ride.</i>	